

# Career Coaching

---

Personalised support  
to get you back to work



# Support to help you get back to work

We know that it's a difficult time if you are recovering from an illness or injury. When you're ready, we're here to help you get back to living the life you love.

Every claim is different so we take time to understand what you need to get you back to your best health. Sometimes what you need is a bit of extra help so that's why we offer personalised Career Coaching services when you are ready to return to work.

## How Career Coaching could help you


When you are ready to go back to work, the first step is for you to complete a Career Coaching assessment. That way, we can understand what will suit you best. With that in mind, we will create a tailored approach that reflects your situation.

With you, we will work through your options: whether that's returning to your previous occupation, finding a new occupation, or exploring the amount and level of work you can now do.

Our Career Coaching services can include:

- helping you to plan your return to the workforce,
- job search support including resume development and interview skills coaching,
- introduction to prospective employers and sourcing work trials,
- access to practical training and certified upskilling courses, and
- support for new business development.

## Contact us for more information and support:

 1300 209 088

 [customerservice@tal.com.au](mailto:customerservice@tal.com.au)

 [tal.com.au](http://tal.com.au)

---

### Terms and conditions

Available to TAL customers with income protection, whose claim has been approved. Conditions apply to the services we can offer – speak to your dedicated case manager for more information. Always consider the PDS available at [tal.com.au](http://tal.com.au) or that was issued to you when you purchased your policy before deciding whether to acquire or to continue to hold a product. Life insurance TAL Life Limited ABN 70 050 109 450 AFSL 237848.